

**Prior to leaving for school each morning, all staff and caregivers of students must complete the following checklist. If you answer YES to any of these statements, please do not come to school and contact the school nurse for guidance.**

**Symptoms (as outlined in [DESE Protocols for Responding to COVID-19 Scenarios](#) rev. 12/16/20):**

- ☐ Temperature 100.0°F or higher, chills or shaking chills
- ☐ New onset of cough (if chronic allergic/asthmatic cough - a change from baseline)
- ☐ Difficulty breathing or shortness of breath
- ☐ Sore throat
- ☐ Headache (with other symptoms)
- ☐ Fatigue (with other symptoms)
- ☐ Body or muscle aches
- ☐ Nausea, vomiting, diarrhea
- ☐ Nasal congestion or runny nose (with other symptoms)
- ☐ New onset of loss of taste or smell

**Close Contact**

- ☐ An individual within 6 feet of a COVID-19 positive person for a cumulative total of 15 min or more over a 24 hr period or was exposed to a COVID-19 positive household member in the past 14 days

Please do not come to school if you are ill, are considered a close contact, or have taken medication to lower fever in the past 24 hours.

**Travel**

If you have traveled outside of Massachusetts in the past 14 days, you are urged to follow the [MA Travel Advisory](#) and to inform the school nurse.

To get tested for COVID-19, contact your primary care physician or refer to <https://www.mass.gov/covid-19-testing> to find a test site. Please contact the school nurse if you need to update your child's emergency contacts, or if you have any questions.